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PURE WELLNESS Real Client Wellness Questions Answered

# What is Glutathione?

AN ANTIOXIDANT FOR IMMUNE STRENGTH AND DETOXIFICATION

Glutathione, also known as GSH, is an internal antioxidant our bodies produce that is found in every cell of the body. It is made up of three amino acids: cysteine, glycine, and glutamine. When these amino acids are consumed in our diets our bodies utilize them to make more glutathione. Glutathione breaks down nutrients such as carbohydrates, proteins, and fats. It also regulates your immune response, and protects against oxidative stress like free radicals.

This vital antioxidant is the ultimate detoxifier and the conductor of our immune systems. The good news is that our bodies usually produce it; the bad news is that our body's natural production wanes as we age. Our toxin-laden environment, stress, poor diet, booze, and medications all contribute to the depletion of our bodies' glutathione stores. Low levels of glutathione make us susceptible to free radicals that cause cancers, infections, autoimmune diseases, asthma, and neurological conditions such as Parkinson's, MS, and Alzheimer's.

## Benefits of Glutathione

- Breaks down nutrients.
- Supports liver detoxification.
- Boosts immune function.
- Supports peak mental and physical functions.
- Increases energy and reduces inflammation.

## Why is supplementing Glutathione levels important?

Glutathione helps deactivate and flush out toxins in the liver. It also boosts immune function by feeding our immune system as it helps regulate and activate the viral and bacteria-fighting immune cells. Glutathione also supports peak mental and physical function. Research supports that Glutathione decreases muscle damage, improves recovery time, and supports the metabolism of less fat production to better muscle development. This can lead to an increase in energy and reduction of inflammation since glutathione protects the mitochondria of our cells from oxidative stress allowing them to continue producing energy efficiently.

## How can IVitamin help to supplement Glutathione levels?

- **IV Drips** an infusion of just Glutathione as a solo ingredient that allows 100% absorption.
- **IV Push** a simple push of IV Glutathione following any one of our wellness infusions.
- **Liposomal Oral Glutathione** utilizes liposomal technology that improves nutrient absorption and bioavailability.

### IVITAMIN PROPRIETARY IV DRIP BLENDS

- **IREHYDRATE** - HELPS WITH DEHYDRATION
- **IRECOVER** - HANGOVER
- **IREGENERATE** - ATHLETIC PERFORMANCE
- **IREDUCE** - METABOLISM BOOST
- **IREVITALIZE** - ANTI-AGING
- **IREJUVENATE** - JETLAG/FATIGUE
- **IREVIVE** - MYERS COCKTAIL
- **IRENEW** - IMMUNITY
- **IWANTITALL** - EVERYTHING

### IVITAMIN IV ELITE

- **NAD+ IV OR IM SHOT** - FOR ANTI-AGING AND A BRAIN REBOOT
- **EXOSOME IV** - CELLULAR REPAIR
- **SEMAGLUTIDE** - WEIGHT LOSS PROGRAM

### IVITAMIN BOOSTERS

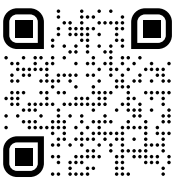
Vitamin B12, Vitamin C, Zinc, Biotin, Glutathione, Folic Acid, Amino Max Blend, Vitamin D3, CoQ10 and MIC



Our bodies naturally produce less of this powerful antioxidant as we age so it is crucial to supplement with Glutathione to help detoxify our bodies and support our immune systems.



Learn about Glutathione on YouTube



Click or scan here to watch



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