



**Jana Gavin, RPH**  
IVITAMIN CHIEF MEDICAL OFFICER

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Semaglutide is known to slow digestion, reduce appetite and stabilize blood sugar aiding in weight loss.



**Learn more about Semaglutide and book a consult with one of our Nurse Practitioners**



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**PURE WELLNESS** Real Client Wellness Questions Answered

# Semaglutide - Weight Loss

## What is Semaglutide?

Semaglutide, a subcutaneous injection, is a long-acting analog of a naturally occurring hormone in the body Glucagon-like-peptide-1 (GLP-1). GLP-1 is a peptide hormone produced in the small intestine that stimulates insulin secretion and inhibits glucagon secretion, which slows gastric emptying, and helps control appetite – all of which aid in weight loss.

## How does the medication work?

Semaglutide may help stabilize your blood sugar. It targets multiple receptors throughout the body related to appetite and hunger. While using Semaglutide, patients have been known to lose weight because GLP-1, the key hormone involved, may slow the rate at which your stomach empties food. Semaglutide may also block the hormone glucagon that causes your liver to release sugar. The combination of these mechanisms supports appetite control, making you feel less hungry, and therefore eat less food and lose weight.

## Quick facts Semaglutide weight loss program

- Drug used for weight management in obese or overweight adults as a weight loss program
- Helps slow digestion
- Reduces appetite
- Stabilizes blood sugar and energy
- A shot once a week
- People on average lose 2 lbs per week
- Includes initial consult with IVitamin Nurse Practitioner to discuss your weight loss & maintenance goals
- Results may vary from person to person

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